



Sermon Title

SERMON TEXT

*"Hear, my son, and be wise, and direct your heart in the way."
(Proverbs 23:19, ESV)*

Review the Sermon

Read Proverbs 23:1-35.

Why is it not sound advice to trust your heart and follow your instincts?

What aspects of life in the real world do Proverbs 23 present as needing self-control?

What does it look like to lead your heart rather than following it?

Assess your Life

In what areas of life do you struggle most with following your heart and giving in to your feelings?

Identify (if you can) an experience where you did the right thing out of obedience to Christ, rather than following your feelings. What was the outcome?

Can you identify and name areas of your life where you still struggle to be fully surrendered to God?



Apply the Truth

What are possible ways for teaching your heart what to love, find joy in, and focus on?

What can you rely on to do the right thing in the moment, even when you don't feel like it?

If self-control remains a struggle in your life, what can you do today to take the first step toward heart-transformation and freedom in Christ?

Commit this Week

Will you commit to whatever process is necessary to gain a heart that is fully surrendered to, and fully satisfied in God?

*"My son, give me your heart, and let your eyes observe my ways."
(Proverbs 23:26, ESV)*