



The Satisfied Soul

PROVERBS 13

"The soul of the sluggard craves and gets nothing, while the soul of the diligent is richly supplied." (Proverbs 13:4, ESV)

Review the Sermon

Read Proverbs 13:1-25.

Describe the human soul and why it's health is so important.

What happens in society when the human soul and spiritual health are ignored?

Why must you acknowledge your soul hunger and find soul satisfaction?

Assess your Life

How much priority do you place on the health of your soul in comparison to other aspects (social, emotional, physical, etc.) of your well-being?

What do you think is going on spiritually when you feel agitated or anxious, and you find yourself desiring some new thing or experience? (Something you cannot live without it.)

When was the last time you felt true contentment with your current circumstances?



Apply the Truth

What more can you do to not “despise the Word”, and to “revere the Commandment” (v13) for the purpose of fulfilling your deepest soul desires (v12,19)?

How must you discipline your children (v24) for the health of their souls and a lasting inheritance to future generations (v22)?

How can you maintain the priority of personal biblical soul care?

Commit this Week

Will you commit to the daily feeding of your spiritual needs above all other personal needs?

“The righteous has enough to satisfy his appetite, but the belly of the wicked suffers want.” (Proverbs 13:25, ESV)