



Going the Distance

SONG OF SONGS 6:4-7:13

*"How beautiful and pleasant you are, O loved one, with all your delights!"
(Song of Solomon 7:6, ESV)*

Review the Sermon

Read Song of Songs 6:4-7:13.

How do the man's latest descriptions of his wife demonstrate a deeper appreciation and respect for her as a person?

What does this man teach us in how he values his wife, observes his wife, and pursues his wife?

How does the woman respond to her husband's intentionality?

Assess your Life

Do you allow your desires to guide you? Or do you guide your desires by what you know to be true and right? What would past actions reflect?

If your perspective of your spouse is imbalanced, would it be overly positive or overly negative?

How does your spouse know they are your "one and only"?



Apply the Truth

Name specific ways you can more exclusively value your spouse more than all others (apart from God).

How can you deliberately notice and celebrate the positive in your spouse, while also acknowledging and working through negative attributes?

What are some ways you can intentionally pursue your spouse? (Even if your spouse does not respond to your pursuit.)

Commit this Week

Will you focus this week on following Christ in “giving” rather than “getting” in your marriage?

“I am my beloved’s, and his desire is for me.” (Song of Solomon 7:10, ESV)