



Defining True Love

SONG 8:5-7

“Set me as a seal upon your heart, as a seal upon your arm, for love is strong as death, jealousy is fierce as the grave. Its flashes are flashes of fire, the very flame of the Lord.” (Song of Solomon 8:6, ESV)

Review the Sermon

Read Song of Solomon 8:5-7.

What is the woman seeking? Why?

How does this text define true life-giving love?

How can you distinguish between unhealthy and healthy forms of jealousy?

Assess your Life

Has your understanding of love always aligned with the biblical definition, or has it been influenced by cultural definitions?

Have you ever struggled with unhealthy forms of jealousy?

How have you invested in relationships with people you are called to love? (spouse, children, etc.)



Apply the Truth

How can you strengthen or renew your deep commitment toward loved ones?

How can you replace apathy with the good form of jealous (protective, passionate, intentional, self-sacrificing) love? (in marriage, parenting, family, etc.)

What can you do this week to invest in your closest relationships – especially your marriage?

Commit this Week

Will you commit to loving well by renewing your commitment toward, your pursuit of, and your sacrifice for those who are closest to you? If married, will you commit to investing toward greater closeness with your spouse?

*“Many waters cannot quench love, neither can floods drown it. If a man offered for love all the wealth of his house, he would be utterly despised.”
(Song of Solomon 8:7, ESV)*