



Responding to Hurt

MT. 5.38-42

“You have heard that it was said, ‘An eye for an eye and a tooth for a tooth.’” (Matthew 5:38, ESV)

Review the Sermon

Read Mt. 5.38-42.

What was the intended purpose for the “eye for an eye” commandment in the Law?

How did the Jewish rabbis re-interpret this law for their own purposes?

How does Jesus reset the common thinking about personal justice?

Assess your Life

What types of personal attacks have you endured that you find difficult to forget?

How have you generally responded to personal attacks in your life? When you are hurt by someone, what has been your default response? (fight or flight, etc.)

What is your instinct when forced to do something you don't want to do?



Apply the Truth

How can a better understanding of your identity and security in Christ equip you to turn the other cheek and embrace vulnerability?

How can the sacrifice of Jesus better equip and motivate you to suffer loss and seek to win your enemy's cold heart?

What are some factors that can help you discern when to not resist an evil person, and when to stand against evil people?

Commit this Week

Will you commit this week to living generously and courageously in the face of evil, hurt, and personal offense with the goal of winning your enemy to Christ?

"For to this you have been called, because Christ also suffered for you, leaving you an example, so that you might follow in his steps. He committed no sin, neither was deceit found in his mouth. When he was reviled, he did not revile in return; when he suffered, he did not threaten, but continued entrusting himself to him who judges justly."

(1 Peter 2:21–23, ESV)